

Nursing Mare

Ingredients	kelp	alfalfa	flaxseed	grape seed	milk thistle	nettle	siberian ginseng	fennel	raspberry
calcium	x	x	x		x	x	x	x	x
copper	x	x							
iodine	x	x							
iron	x	x	x		x	x	x	x	x
magnesium	x	x	x		x	x	x	x	x
manganese	x	x			x	x	x	x	x
phopshorus	x	x	x		x	x	x	x	x
potassium	x	x	x		x	x	x	x	x
selenium	x				x	x	x	x	x
sulphur	x	x	x			x			
zinc	x	x			x	x	x	x	x
silicon	x	x			x	x	x	x	x
sodium	x	x	x		x	x	x	x	x
chromium	x	x			x	x	x	x	x
cobalt		x			x	x	x	x	x
chloride		x							
Vitamins									
vit. A	x	x			x	x	x	x	x
vit. B	x					x			
vit. B12	x								
vit. C	x	x	x		x	x	x	x	x
vit. D	x	x				x			
vit. E	x	x	x	x					x
vit. K		x	x			x			
thiamine - B1	x	x	x		x	x	x	x	x
riboflavin - B2	x	x	x		x	x	x	x	x
niacin -B3	x	x	x		x	x	x	x	x
pantothenic -B5		x	x			x			
pyridoxine - B6		x	x						
Folic - B9		x	x						
biotin - B7		x	x						
choline - carotenoid		x	x						
xanthophyl -carotenoid		x	x						
lutein -carotenoid		x							
zeaxanthin -carotenoid		x							
Protein	x	x	x		x	x	x	x	x
Amino Acids		x	x						
arginine	x	x	x						
lysine	x	x	x						
methionine		x	x						
cysteine	x	x	x						
tryptophan		x	x						
glycine	x	x	x						
histidine	x	x	x						

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leucine	x	x	x						
isoleucine	x	x	x						
phenylalanine	x	x	x						
phenyl+tyr		x							
Threonine	x	x	x						
valine	x	x	x						
tyrosine	x		x						
serine	x		x						
carotene			x					x	
Fatty Acids									
linoleic - 6			x	x					
linolenic - 3			x	x					
oleic - 9			x						
Antioxidants				x	x			x	
Amino Acids									
proline	x								
alanine	x								
aspartic acid	x								
glutamic acid	x								